

## Wrap-Around Services



- Assistance with housing referrals and application completion.
- My Health, My Choice, My Life to assist with medical care needs.
- Prescription fill/refill assistance and referral
- Clothing and Food Assistance program

### Intakes and Referrals

Anyone can make a referral for an individual. Intakes are accepted by phone, and/or email:  
Phone: 704.960.4280  
Email: [referrals@phsnc.org](mailto:referrals@phsnc.org)

## My Health ~ My Choice ~ My Life

The PHSNC working-family is dedicated to ensuring that our participants experience the best physical, emotional and economical health possible.

We collaborate with other care providers, within the participants system of care, to work with willing participants in making sure prescriptions are filled, medications are taken as prescribed and opportunities for prescription abuse are minimized. We assist with money management and budgeting to assure each participant utilizes the intended benefit in a responsible manner.

Also, basic wellness checks are performed to include:

- Weight Checks
- Blood Pressure Monitoring
- Blood Sugar Level Monitoring
- Education on Chronic Illness Management
- Living Well With HIV-AIDS

### **PHILA Health Systems of NC**

11 Union Street South  
Suite 208  
Concord, NC 28025  
[www.phsnc.org](http://www.phsnc.org)

P: 704.960.4280

E: [startingover@phsnc.org](mailto:startingover@phsnc.org)



## PHILA Health Systems of NC

### Substance Abuse Intensive Outpatient Program

We Believe In The Power  
of A Person To Change

11 Union Street South  
Suite 208  
Concord, NC 28025

Phone: 704.960.4280  
Email:  
[startingover@phsnc.org](mailto:startingover@phsnc.org)

# Substance Abuse Intensive Outpatient Program

The Substance Abuse Intensive Outpatient Program (SAIOP) consists of structured individual and group addiction treatment activities and services designed to assist adult and adolescent consumers to begin recovery and learn skills for recovery maintenance. The program is offered at least three (3) hours per day at least three (3) days per week with no more than two consecutive days between offered services. This program is designed for individuals needing no more than 19 hours per week of structured services per week (ASAM Level II.1).

SAIOP services include but are not limited to:

- Individual counseling and support
- Group counseling and support
- Family counseling, training or support
- Biochemical essays to identify recent drug use (e.g. urine drug screens)
- Strategies for relapse prevention to include community and social support systems in treatment
- Life skills
- Crisis contingency planning
- Disease Management
- Treatment support activities that have Been adapted or specifically designed for persons with physical disabilities or persons with co-occurring disorders.



## Our Mission

To create service environments and relationships which instill hope, facilitate choice, foster wellness, promote healing and support individuals on their personal journeys of discovery and recovery.

## Our Vision

To be recognized as a “center of excellence” in the delivery of innovative, cost-effective, recovery-oriented and outcome-driven rural behavioral healthcare.

## Who We Are

PHSNC is an endorsed and contracted provider with Partners Behavioral Health, Vaya Health, Eastpointe and Licensed through the NC DHSR.

At this time, NC Medicaid is the only insurance benefit plan accepted.



## Our Values

- Recovery is possible for everyone
- Equality, respect and love are essential elements of each interaction;
- Everyone has value;
- Choice and self-determination are assured;
- Spirituality is a strength;
- The language of recovery is transformative;
- Employees with lived experience are indispensable assets to every team;
- Being in service to others is an honor and a privilege;
- Accountability is a way of being;
- Fiscal strength and responsible stewardship are imperative;
- Committed and passionate staff are paramount;
- Quality training and ongoing coaching are fundamental;
- Teamwork creates extraordinary results.

**The Professional Team  
of**

**PHILA Health Systems of NC**